

# Game Day Rules

Below are the OOTW rules for the 8U Academy as well as the 9U/10U Academy. OOTW will follow the guidelines set forth by US Youth Soccer.

	8U Academy	9U/10U (Academy)
<b>Format</b>	4v4, no goalkeepers	7v7 (6 field players and a goalkeeper)
<b>Referee</b>	One center	One center
<b>Duration of Game</b>	2 x 20 minute halves	2 x 25 minute halves
<b>Offside</b>	No	Yes
<b>Penalty Kicks</b>	No	Yes
<b>Out of Bounds Restart</b>	Pass-in or throw-in	Throw-in
<b>Free Kicks</b>	All indirect, defenders 4 yards away	Direct & Indirect, defenders 8 yds. away
<b>Ball Size</b>	3	4
<b>Substitutions</b>	Any stoppage / unlimited	Any stoppage / unlimited
<b>WYSA Coach Pass required to be on the team side during a game</b>	Yes	Yes
<b>Score Kept</b>	No	No
<b>Field Dimensions</b>	25-35 length & 15-25 width	55-65 length & 35-45 width
<b>Goal Dimensions</b>	4' x 6'	6.5' x 18.5'
<b>Build Out Line</b>	Yes. On goal kicks, the opposing team must drop behind the half line.	Yes. On goal kicks or whenever the GK has the ball, the defending team must drop behind the build out line which will be painted on the field.
<b>Heading Allowed</b>	No	No